30th Annual Developmental Disabilities Conference



A Conference Co-Sponsored by MDCH, the Michigan Chapter of AAIDD, and the WMU School of Medicine

April 21-23, 2014

Kellogg Hotel & Conference Center

East Lansing, MI



Category 1 CME Credit provided by WMU School of Medicine







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Overview & Objectives

Overview

The Annual Developmental Disabilities Conference will focus on issues related to healthcare, social, community, and educational services which are of critical importance to the future of persons with developmental disabilities. The program will provide an overview of issues related to the spectrum of services currently available as well as strategies for enhancing these services.

The program format is designed to present a variety of expert viewpoints to encourage interaction with health professionals. The combination of didactic and workshop format will allow ample opportunity for participants to engage in discussion with the presenters.

This educational program is designed for physicians, nurses, psychologists, social workers, therapists, nutritionists, educators, home care providers, and other professionals interested in the delivery of care and services to persons with developmental disabilities

Objectives

From attending this conference, professionals in developmental disability care will be able to:

- Identify effective methods for the practical application of concepts related to improving the delivery of services for persons with developmental disabilities.
- Identify advances in clinical assessment and management of selected health care issues related to persons with developmental disabilities.
- Discuss the ethical issues related to persons with developmental disabilities.
- Identify and emphasize attitudes that enhance the opportunities for persons with developmental disabilities to achieve their optimal potential.
- Develop strategies to promote community inclusion in meeting the needs of persons with developmental disabilities.

Planning Committee

BETHANY BANNER WMU School of Medicine E. DENNIS LYNE, MD Chair Emeritus

ANNE BORDEN, LMSW WMU School of Medicine DIANE L. MCCALL, MS, RN Wayne Center

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SUE GABRIEL, PMHNP-BC

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TONY C. KIM, MD Community Living Services

CHARLYSS RAY, OTR-L

Michigan Department of Community Health

DAVID LAMAN, PhD

Developmental Enhancement

VICKI TERRY, MPT

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Presenters

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Wayne State School of Medicine, Wayne State Univer-

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Washtenaw Community Health Organization

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DEBORAH DAHLGREN, LMSW, QMRP, CWP Case

Manager

MORC, Inc. Children's Waiver Program

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Community Living Services, Oakland County Division

THOMAS DOYLE Doyle Law, P.C.

ALISHA EDGAR, LLBSW

North East Michigan Community Mental Health

SHERYL EMERY, MA

State of MI, Department of Civil Rights

MARTHA (MARTY) FARRAND

Genesee Health System

SCOTT YUKIO FERGUS

Scott Yukio's Creations and Peckham Industries

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JEN GOSSETT

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Lisa Grost, MHSA

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Presenters

DEB HEMGESBERG, LMSW

North East Michigan Community Mental Health

PAMELA HERRMANN, LBSW, QMRP, SC MORC, Inc. Child & Family Support Unit

POLLY HOLLENBECK, RT, AeC

JESSICA HOLMES LMSW

Neighborhood Service Organization

DAN HUGHES

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TISA M. JOHNSON MD Henry Ford Health System

TRACY KROEGER, PhD

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DAVID LAMAN, PhD

Developmental Enhancement, PLC

LISA P. LEPINE
The Arc of Macomb

CHERYL LEVINE, Program Coordinator Michigan Special Education Mediation Program

CHRISTINE MARY, MA, LLP

MORC, Inc.

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EMILY MONROE

Community Living Services of Oakland County

DAWN MOORE

Enclave Supervisor, Peckham, Inc.

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PHILIP NOWICKI, MD

Helen DeVos Children's Hospital

RYAN C. O'CONNOR, DO, FAAPMR/FAANEM

ESTHER ONAGA, PhD

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CARLY PIACENTINI, MS, BCBA

Great Lakes Center for Autism Treatment and Research

MOLLY PEABODY

University of Michigan Mott Children's Hospital &

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CONNY RAAYMAKERS

Developmental Enhancement PLC

RICHARD R. ROACH, MD, FACP

Western Michigan University School of Medicine

JANIS S. ROSSMAN-KAUFMAN

Neighborhood Services Organization Life Choices

DANIELLE SACKRIDER, LMSW

Kalamazoo Community Mental Health & Substance

Abuse Services

SGT. SCOTT SCHUELKE

Autism Alliance of Michigan

RAY SCHUHOLZ

Community Living Services, Inc.

MARY P. SHARP, MD

Principle Autism Medical Consulting PLC

SUSAN SHELLEY

North Oakland Vocational Association, Inc. (NOVA)

AUDREY E. SMITH, MPH

Detroit Wayne Mental Health Authority

Presenters

DANIEL SPAULDING

North East Michigan Community Mental Health

VALERIE STEFANOF, LBSW; MA, LLP; QMRP; SC MORC, Inc.

DAVID TAYLOR

Community Living Services of Oakland County

DAVID DEWITT TAYLOR

Community Living Services of Oakland County

PENNY THOMAS LMSW

Neighborhood Service Organization

JOHN TOPPI

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HELGA V. TORIELLO

Michigan State University – College of Human Medicine

JANE TURNER, MD

Children's Special Health Care Services, Michigan Department of Community Health; Michigan Autism Council; & Pediatrics and Human Development, Michigan State University

ERICA WHITLOCK

North Oakland Vocational Association, Inc. (NOVA)

Sponsors

Developmental Enhancement, PLC

Great Lakes Center for Autism Treatment and Research

Macomb-Oakland Regional Center, Inc.

Michigan Public Health Institute

Prader-Willi Syndrome of MI

United Cerebral Palsy of Michigan

United HealthCare Community Plan

Workshops by Practice Level

Begin	ner
A4	Oral Health Care for Persons with Developmental Disabilities
A6	Supportive Parenting for individuals with Developmentally Disabled
A7	Bone Health of Cerebral Palsy Patients
A8	From Chicken McNuggets and Fries to Chicken Cordon Bleu: Promoting True Choice and Equity through Self-Determination
<u>B2</u>	The Use of Psychotropic Medications in Intellectual and Developmental Disabilities: The Good, the Bad and the Costly
<u>B6</u>	The History of the Disability Rights Movement: Learn From the Past, So You Can Help Re-Invent the Future
<u>C6</u>	Taking Personal Responsibility For One's Own Health and Wellness – Whose Life Is It Anyway?!
D1	Medical Transition of Youth with Special Health Care Needs
D4	Sensory strategies for individuals with Developmental disabilities, Part 1
D <u>5</u>	Housing Alternatives
D7	Family Support Program - "It Ain't Kids Stuff"
п.	
E4	Sensory strategies for individuals with Developmental disabilities, Part 2
E <u>5</u>	Mandela's Last Gift – Creating Access for the Deaf & Hard of Hearing Community
<u>E7</u>	Michigan Child Collaborative Care (MC3): An Innovative Care Model to Increase Access to Mental Health Treatment for Children and Adolescents in Michigan Using Telephone Consultation and Telepsychiatry.
E8	Autism Safety Training – Essential For Every Community
F1	Respiratory care of the patient with neurodisability: an update in the assessment and management
F3	Creating Links for A Fulfilling Life
F4	Crucial Conversation Skills for Special Education Meetings
P1	Move It To Lose It: Movement for a Healthier Lifestyle
P2	The Communication Behind the Behavior: Using iPad Apps To Meet Pediatric Patients' Psychosocial

Beginner/Intermediate

Needs

- A1 Vision Therapy: The best kept secret and its role for children with special needs
- C2 Social Skills and Human Development group learning. NEMCMH's experience.

Workshops by Practice Level

<u>A2</u>	From Brain to Behavior: Preparing Your Direct Care Worksforce
<u>A3</u>	Real Opportunities, Real Expectations: Promoting Real Lives for Children and Adults with
	<u>Developmental Differences</u>
<u>A5</u>	Skill Building Fun Combining Art Therapy and Microenterprise
<u>B1</u>	Genetics and Genomics: Applications to Developmental Disability
B3	Children and Adolescents with ASD: Effective treatment for highly challenging cases
B4	Medicaid Covered Services and Medical Necessity
B5	The benefits of the Affordable Care Act for persons with Developmental Disabilities
<u>B7</u>	The Michigan Telemedicine Demonstration Project for Children and Youth with Epilepsy
<u>C3</u>	Changing Children's Lives: ABA Treatment of Autism
C4	Appeals and Grievances
C5	Basics of a Special Needs Trust
<u>C7</u>	Building a System to Support the ASD Waiver Benefit within Current Practices
D2	Legal Aspects of Disabilities in the Workplace
D3	Understanding Trauma; Reactions, Biology, and Treatment
D8	Building a System to Support the ASD Waiver Benefit within Current Practices
<u>E</u> 1	Occult Manifestations of Child Abuse in a Vulnerable Population
E2	Autism 101 for medical practitioners and other interested clinicians
E3	Sisterhood of the Traveling Briefcases
F2	Autism 202 for medical practitioners and other interested clinicians
F5	Using Facebook in Professional and Powerful ways Including Connecting with Your Legislators!
F6	Effectively Integrating Data from the Supports Intensity Scale into an IPOS
F7	Pitfalls and Possibilities: Community Reintegration of the Individual with Developmental Disability and Forensic Status

Advanced

C1 New Horizons in Spasticity Management

Pedia	atric Medical
A1	Vision Therapy: The best kept secret and its role for children with special needs
<u>A7</u>	Bone Health of Cerebral Palsy Patients
B1	Genetics and Genomics: Applications to Developmental Disability
B7	The Michigan Telemedicine Demonstration Project for Children and Youth with Epilepsy
<u>C1</u>	New Horizons in Spasticity Management
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D6	The Hidden Disability of Fetal Alcohol Spectrum Disorders (FASD) and What Individuals with an FASD Need to Succeed
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<u>C6</u>	Taking Personal Responsibility For One's Own Health and Wellness – Whose Life Is It Anyway?!
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D6	The Hidden Disability of Fetal Alcohol Spectrum Disorders (FASD) and What Individuals with an FASD Need to Succeed

Autism 202 for medical practitioners and other interested clinicians

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A2	From Brain to Behavior: Preparing Your Direct Care Worksforce
A5	Skill Building Fun Combining Art Therapy and Microenterprise
A8	From Chicken McNuggets and Fries to Chicken Cordon Bleu: Promoting True Choice and Equity through Self-Determination
В3	Children and Adolescents with ASD: Effective treatment for highly challenging cases
B4	Medicaid Covered Services and Medical Necessity
B5	The benefits of the Affordable Care Act for persons with Developmental Disabilities
<u>B6</u>	The History of the Disability Rights Movement: Learn From the Past, So You Can Help Re-Invent the Future
<u>C3</u>	Changing Children's Lives: ABA Treatment of Autism
<u>C4</u>	Appeals and Grievances
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D3	Understanding Trauma; Reactions, Biology, and Treatment
D4	Sensory strategies for individuals with Developmental disabilities, Part 1
D5	Housing Alternatives
D6	The Hidden Disability of Fetal Alcohol Spectrum Disorders (FASD) and What Individuals with an FASD Need to Succeed
D7	Family Support Program - "It Ain't Kids Stuff"
D8	Building a System to Support the ASD Waiver Benefit within Current Practices
E3	Sisterhood of the Traveling Briefcases
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<u>E7</u>	Michigan Child Collaborative Care (MC3): An Innovative Care Model to Increase Access to Mental Health Treatment for Children and Adolescents in Michigan Using Telephone Consultation and Telepsychiatry.
E8	Autism Safety Training – Essential For Every Community
P1	Move It To Lose It: Movement for a Healthier Lifestyle
P2	The Communication Behind the Behavior: Using iPad Apps To Meet Pediatric Patients' Psychosocial
_	Needs

Issues in Transition

- A8 From Chicken McNuggets and Fries to Chicken Cordon Bleu: Promoting True Choice and Equity through Self-Determination
- C6 Taking Personal Responsibility For One's Own Health and Wellness Whose Life Is It Anyway?!
- D1 Medical Transition of Youth with Special Health Care Needs
- D5 Housing Alternatives
- D6 The Hidden Disability of Fetal Alcohol Spectrum Disorders (FASD) and What Individuals with an FASD Need to Succeed
- E3 Sisterhood of the Traveling Briefcases
- F7 Pitfalls and Possibilities: Community Reintegration of the Individual with Developmental Disability and Forensic Status

Psychiatry

- A2 From Brain to Behavior: Preparing Your Direct Care Worksforce
- B2 The Use of Psychotropic Medications in Intellectual and Developmental Disabilities: The Good, the Bad and the Costly
- D3 Understanding Trauma; Reactions, Biology, and Treatment
- <u>D6</u> The Hidden Disability of Fetal Alcohol Spectrum Disorders (FASD) and What Individuals with an FASD Need to Succeed
- E2 Autism 101 for medical practitioners and other interested clinicians
- F2 Autism 202 for medical practitioners and other interested clinicians

Education

- A1 Vision Therapy: The best kept secret and its role for children with special needs
- A4 Oral Health Care for Persons with Developmental Disabilities
- A5 Skill Building Fun Combining Art Therapy and Microenterprise
- A8 From Chicken McNuggets and Fries to Chicken Cordon Bleu: Promoting True Choice and Equity through Self-Determination

Educ	ation (continued)
В3	Children and Adolescents with ASD: Effective treatment for highly challenging cases
B4	Medicaid Covered Services and Medical Necessity
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<u>C4</u>	Appeals and Grievances
<u>C5</u>	Basics of a Special Needs Trust
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B7	The Michigan Telemedicine Demonstration Project for Children and Youth with Epilepsy
<u>C2</u>	Social Skills and Human Development group learning. NEMCMH's experience.
<u>C6</u>	Taking Personal Responsibility For One's Own Health and Wellness – Whose Life Is It Anyway?!
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D6	The Hidden Disability of Fetal Alcohol Spectrum Disorders (FASD) and What Individuals with an FASD Need to Succeed

Tren	ds (continued)
<u>E2</u>	Autism 101 for medical practitioners and other interested clinicians
<u>E5</u>	Mandela's Last Gift - Creating Access for the Deaf & Hard of Hearing Community
<u>F1</u>	Respiratory care of the patient with neurodisability: an update in the assessment and management
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<u>P2</u>	The Communication Behind the Behavior: Using iPad Apps To Meet Pediatric Patients' Psychosocial Needs
On tl	ne Front Line
<u>A3</u>	Real Opportunities, Real Expectations: Promoting Real Lives for Children and Adults with Developmental Differences
<u>A6</u>	Supportive Parenting for individuals with Developmentally Disabled
<u>B1</u>	Genetics and Genomics: Applications to Developmental Disability
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Children's Healthcare

A1	Vision	<u>Inerapy:</u>	Ine bes	st kept	secret	ana i	its roie	IOL	cniiaren	with	special	neeas
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- B7 The Michigan Telemedicine Demonstration Project for Children and Youth with Epilepsy
- D6 The Hidden Disability of Fetal Alcohol Spectrum Disorders (FASD) and What Individuals with an FASD Need to Succeed
- <u>D7</u> Family Support Program "It Ain't Kids Stuff"
- E8 Autism Safety Training Essential For Every Community
- F1 Respiratory care of the patient with neurodisability: an update in the assessment and management
- P2 The Communication Behind the Behavior: Using iPad Apps To Meet Pediatric Patients' Psychosocial Needs

Monday, April 21

4:00 pm - 7:00 pm Registration

Tuesday, April 22

7:30 Registration & Breakfast

8:15 Welcoming Comments

8:30 Plenary Address

Patricia Haney, RN Memorial Lecture: Update from Michigan Department of Community Health Jane Turner, MD

The speaker will bring the latest news from the Michigan Department of Community Health about programs to address autism spectrum disorders and other developmental disabilities. Topics may include activities to promote the early identification of autism spectrum disorders as well as other developmental and social emotional disorders, a system of care for children and youth with Autism Spectrum Disorders and changes in Children's Special Health Care Services for children and youth enrolled in Medicaid as well as CSHCS.

9:30 Break and Exhibits

10:00 Concurrent Workshops

A1 Vision Therapy: The best kept secret and its role for children with special needs

Marie L. Fox, OD

Vision is the dominant sense, yet it's often forgotten in the evaluation and care of children with I/DD. This presentation is user-friendly and will thoroughly review the visual system and its importance in the child who has special needs. Visual Therapy will be introduced, discussed, and practical applications for home, school, and comanagement will be applied. Pertinent case studies will be examined.

Primary Track: Pediatric Medical

Secondary Tracks: Education, Children's Healthcare

Practice Level: Beginner/Intermediate

A2 From Brain to Behavior: Preparing Your Direct Care Worksforce

Alireza Amirsadi, MD

This is an interactive workshop which includes participation of the attendees. They will be asked to role play & their interactions will be modified as they act different roles & scenarios. Every day examples will be provided & attendees will be encouraged to provide their personal experiences & reactions to working with difficult individuals. This segment may take more than ½ of the time & is mixed as the material related to objectives are discussed & described.

Primary Track: Psychiatry

Secondary Track: Mental Health

Practice Level: Intermediate

A3 Real Opportunities, Real Expectations: Promoting Real Lives for Children and Adults with Developmental Differences

David Laman, PhD & Sue Gabriel, PMHNP-BC

The vast majority of children and adults with developmental differences have not been allowed to reach their full potentials and have had limited opportunities to develop meaningful lives in our communities. Our expectations for them are too low and the opportunities we allow too few. It is time to make a real commitment to promoting meaningful opportunities and experiences, developing higher expectations for them and ourselves, and assisting people with developmental differences to really live in, and contribute to, the communities in which they live. This presentation will explore ways to promote real lives and will present interesting success stories, as well as discuss the many threats that still exist to really moving forward.

Primary Track: Adult Medical

Secondary Track: On the Front Line

Practice Level: Intermediate

A4 Oral Health Care for Persons with Developmental Disabilities

Stephanie M. Munz, DDS

The workshop will focus on the unique strategies and nuances of oral health care for those with developmental disabilities, including everyday homecare and hygiene as well as diagnosis and treatment of oral disease and habits in a clinic versus operating room setting.

Primary Track: Education

A5 Skill Building Fun Combining Art Therapy and Microenterprise

Janis S. Rossman-Kaufman, MEd, ATR, RSST, CMHP, QMHP, QMRP, Neighborhood Services Organization Life Choices; Susan Shelley, Director of Operations, North Oakland Vocational Association Inc. (NOVA); & Erica Whitlock, Microenterprise Program Director, North Oakland Vocational Association Inc. (NOVA)

Neighborhood Services Organization Life Choices and NOVA have teamed together to combine the creative flow of art therapy with the practical business practice of microenterprise for the developmentally disabled population. This workshop will include a case study, a hands-on art therapy experiential and a PowerPoint presentation of our successful model. We are assisting consumers who may be hard to reach, people who don't fit into niche categories and need help with socialization skills plus financial and creative opportunities. We are establishing a brand of community, raising self-esteem and allowing consumers to reach their full potential.

Primary Track: Trends

Secondary Tracks: Mental Health, Education

Practice Level: Intermediate

A6 Supportive Parenting for individuals with Developmentally Disabled

Jessica Holmes LMSW – clinician and Neighborhood Service Organization & Penny Thomas LMSW- Unit Director Neighborhood Service Organization

NSO Life Choices SPIN Program is a home based parent training program for parents with cognitive disabilities who are rearing their own children within their home. The program is designed to provide parents with fun and informative parenting practices to foster healthy and happy families. The program utilizes a curriculum guide entitled Building Foundations — a Curriculum Guide for Supported Parenting. This curriculum focuses on areas that are critical to parenting and is specifically designed to meet the learning needs of parents with cognitive limitations. Weekly, in-home visits are conducted where hands-on training is provided and handouts are given and utilized as teaching tools. Modeling of parenting techniques in the natural home setting significantly increases the parent's ability for retention and generalization of skills that are learned. Parents are also given opportunity to try out new techniques in the presence of the therapist.

Primary Track: On the Front Line

A7 Bone Health of Cerebral Palsy Patients

Philip Nowicki, MD

To discuss bone health of cerebral palsy patients including treatment and options for prevention

Primary Track: Pediatric Medical

Secondary Track: Children's Healthcare

Practice Level: Beginner

A8 From Chicken McNuggets and Fries to Chicken Cordon Bleu: Promoting True Choice and Equity through Self-Determination

Scott Fergus and Esther Onaga (mother)

Scott who is on the autism spectrum disorder and his mother will share how 5 years of being on the self-determination option has promoted his growth and development in the community. They will share specific examples of how this has affected his abilities to cook, read, and create joyful art. Scott will share his recipies and favorite cookbooks, his website for his art and some of his artwork. Finally they will show the difference between equality vs. equity and integration vs. inclusion.

Primary Track: Issues in Transition

Secondary Tracks: Mental Health, Education

Practice Level: Beginner

11:30 Lunch

12:30 Concurrent Workshops

B1 Genetics and Genomics: Applications to Developmental Disability

Helga V. Toriello, PhD

The workshop will describe how next generation molecular technologies (e.g., whole genome sequencing, genome -wide association studies, gene expression studies) have given us insight into causes of DD, as well as potential treatments which are being developed for individuals with conditions such as fragile X and Rett syndrome, as well as potential for treatment of autism spectrum disorders.

Primary Track: On the Front Line

Secondary Tracks: Pediatric Medical, Trends

Practice Level: Intermediate

B2 The Use of Psychotropic Medications in Intellectual and Developmental Disabilities: The Good, the Bad and the Costly

Joseph L. Calles, Jr, MD

The use of psychotropic medications in the IDD population has outpaced research. Although there are some benefits to their use, there is also the potential for adverse reactions to medications. Another area of concern is the increase in percentage of healthcare expenditure on psychopharmacologic agents. This workshop will address each of these areas and provide opportunities for discussion.

Primary Track: Psychiatry

Practice Level: Beginner

B3 Children and Adolescents with ASD: Effective treatment for highly challenging cases

Calvin Gage, MA, BCBA & Carly Piacentini, MS, BCBA

Unfortunately some children and adolescents with ASD present with such significant behavioral challenges that they are unable to effectively function at home, school, or in the community. Safety for themselves and others is often a major issue, particularly as they move into adolescence. This presentation will focus on the need to provide a continuum of effective, evidenced-based treatment options necessary to help these children learn new skills and reduce behavioral challenges. Presenters will discuss effective treatment, dealing with crises, and helping parents, as well as providing case examples.

Primary Track: Mental Health

Secondary Track: Education

Practice Level: Intermediate

B4 Medicaid Covered Services and Medical Necessity

Stacy Coleman

Medicaid Covered Services and Medical Necessity will identify the specifics related to the Medicaid Covered Specialty Supports and Services that are available to individuals who receive services and supports based upon Medical Necessity.

Primary Track: Mental Health

Secondary Track: Education

Practice Level: Intermediate

B5 The benefits of the Affordable Care Act for persons with Developmental Disabilities

Audrey E. Smith, MPH

This workshop will provide participants with a brief over view of the Affordable Care Act. Participants will learn how components of the ACA impact persons with developmental disabilities in Michigan. Participants will learn how they can fully take advantage of this program to improve the health and well being of persons living with developmental disabilities.

Primary Track: Mental Health

Secondary Track: Trends

Practice Level: Intermediate

B6 The History of the Disability Rights Movement: Learn From the Past, So You Can Help Re-Invent the Future

David Taylor, Peer Mentor, Oakland County; Ray Schuholz, Peer Mentor, Wayne County; Tom McCullough, Self-Advocate, CEI; & John Toppi, Self-Advocate, Wayne County

Every civil rights movement has important leaders that helped make a difference in the world as we know it. Do you know who those leaders are related to Disability Rights and the freedoms that resulted from their passion for a better tomorrow? Come hear about key people and events that have made a difference in the advancement of civil rights for people with developmental disabilities. . . Learn from the past, so you can help re-invent the future.

Primary Track: On the Front Line

Secondary Track: Mental Health, Trends

B7 The Michigan Telemedicine Demonstration Project for Children and Youth with Epilepsy Linda L. Fletcher, MS, CPNP

This workshop will offer the learners an opportunity to utilize the Medical Home Framework; care coordination; and telemedicine technology to improve access to care for children and youth with epilepsy in rural and medically underserved areas of Michigan. The impact on clinical practice and barriers to implementation will be discussed.

Primary Track: Children's Healthcare

Secondary Tracks: Pediatric Medical, Trends

Practice Level: Intermediate

2:00 Refreshment Break and Exhibits

2:30 Concurrent Workshops

C1 New Horizons in Spasticity Management

Ryan C. O'Connor, DO, FAAPMR/FAANEM

Review of the latest treatment approaches to controlling dysfunctional spasticity

Primary Track: Pediatric Medical

Secondary Track: Adult Medical

Practice Level: Advanced

C2 Social Skills and Human Development group learning. NEMCMH's experience.

Daniel Spaulding, Certified Peer Mentor; Alisha Edgar, LLBSW; & Deb Hemgesberg, LMSW

NEMCMH staff developed and are facilitating (currently in session with the 6th group) a 12-week social skills group for people who are identified as having a developmental disability. This curriculum is 12 weeks, where we focus on healthy relationships, recognizing and preventing abuse, bully proofing ourselves, human sexuality and development, understanding and preventing STD's, how to do self-exams, and how to use a condom. We will discuss the format we use, what we have learned along the way, and how we managed some challenges (food addictions, co-occurring mental health issues, romance in the room and conflict amongst group members). We will supply the bibliography that we accessed to get here.

Primary Track: Trends

Secondary Track: On the Front Line

Practice Level: Beginner/Intermediate

C3 Changing Children's Lives: ABA Treatment of Autism

Conny Raaymakers, LLP, BCBA

ABA is finally a covered benefit for children with ASD in Michigan. This presentation will provide attendees with a basic understanding of ABA treatment, as well as exploring the many benefits of this early, intensive treatment for children with ASD and their families.

Primary Track: Mental Health

Practice Level: Intermediate

C4 Appeals and Grievances

Stacy Coleman

Appeals and Grievances will provide a basic overview of the Appeal and Grievance mechanisms available to individuals served by a Community Mental Health Services Program.

Primary Track: Mental Health

Secondary Tracks: Education

Practice Level: Intermediate

C5 Basics of a Special Needs Trust

Thomas Doyle & Keith Azar

Background & information on the laws and investments for a special needs trust

Primary Track: Education

Practice Level: Intermediate

C6 Taking Personal Responsibility For One's Own Health and Wellness – Whose Life Is It Anyway?!

Annette Downey, Community Living Services, Oakland County Division; Tonnieo Graves, Peer Mentor, Wayne County; Dan Hughes, Self-Advocate, CEI; Emily Monroe, Self-Advocate, Oakland County; & David DeWitt Taylor, Self-Advocate, Oakland County

We know there is increased state and federal focus on the promotion of healthy living outcomes for those we serve with disabilities, so we've asked this question - Who could possibly promote wellness and healthy living better than self-advocates themselves? A panel of people with developmental disabilities will discuss how they've made changes in their lives to be healthier and happier citizens of their communities. They will share their challenges, successes, setbacks, and the Wellness Pledges and plans that made a difference in their lives. There will also be discussion about the steps self-advocates have taken to go above and beyond in promoting healthy living amongst their peers and the ways in which they inspire others to make their own personal Wellness Pledges and change their lives.

Primary Track: On the Front Line

Secondary Tracks: Adult Medical, Mental Health, Trends, Education, Issues in Transition

Practice Level: Beginner

C7 Building a System to Support the ASD Waiver Benefit within Current Practices

Krista Clancy (Kennedy), MS, LLP, BCBA & Jamesena Ingram, MEd, CAS, ICA

Discussion will be around the requirements/implementation of the autism waiver benefit. As well as, evidence based treatment (EBT), implementation of the EBT, and supervision required/training implications for providing these services.

Primary Track: Mental Health

Secondary Track: Education

Practice Level: Intermediate

4:00 Adjourn

Wednesday, April 23

7:30 Newcomer Registration & Breakfast

8:15 Welcoming Comments

8:30 Plenary Address Doctor, Have You Heard of Breaking the Vicious Cycle?

Russell Cameron, MD, Pediatric Gastroenterologist

Review the role of diet in chronic disease

9:30 Break and Exhibits

10:00 Concurrent Workshops D1 Medical Transition of Youth with Special Health Care Needs

Tisa M Johnson MD

This workshop will focus on identifying effective steps in transitioning youth with special health care needs from pediatric to adult medical care. The barriers to implementation will be discussed and strategies to overcome barriers will be explored.

Primary Track: Pediatric Medical

Secondary Track: Issues in Transition

Practice Level: Beginner

D2 Legal Aspects of Disabilities in the Workplace

Richard R. Roach, MD, FACP

Will discuss the definition of disability, accommodating disability, and the legal rights of disabled people in the workplace

Primary Track: Adult Medical

Practice Level: Intermediate

D3 Understanding Trauma; Reactions, Biology, and Treatment

Molly Gabriel, MA & Tracy Kroeger, PhD

This talk focus on various forms of trauma and some of the many resulting reactions individuals may experience, including post-traumatic stress disorder and acute stress disorder. Biological implications, risk factors, and treatment options will also be discussed. This talk will apply towards working both with populations with developmental disabilities, as well as with the general public.

Primary Track: Mental Health

Secondary Track: Psychiatry

Practice Level: Intermediate

D4 Sensory strategies for individuals with Developmental disabilities, Part 1

Martha (Marty) J. Farrand OTR

Basic neurology will be provided that explains how three primary sensations (touch, proprioception, and vestibular) can be used to calm and organize the nervous system leading to improved behavior and increased skill development. Example "sensory diets" will be provided and discussed in the second part of this presentation in the afternoon.

Primary Track: Mental Health

Practice Level: Beginner

*Part 2 of this workshop will be presented at session E4.

D5 Housing Alternatives

Lisa P. Lepine

This session will present different living arrangements, with support, available to individuals using mental health services.

Primary Track: Mental Health

Secondary Track: Issues in Transition

D6 The Hidden Disability of Fetal Alcohol Spectrum Disorders (FASD) and What Individuals with an FASD Need to Succeed

Shelly L Bania, BA, CPC-R, Certified FASD Trainer

Explore the world of FASD beginning with the basics and moving to common characteristics across the lifespan, resulting in a group mapping exercise to visually see the vital role YOU play in the life of a person with an FASD. This workshop will increase your knowledge in identifying a child, adolescent, young adult, etc. that may have an FASD, and more importantly discuss what they may need to succeed across systems and interventions.

Primary Track: On the Front Line

 $Secondary\ Tracks:\ Pediatric\ Medical,\ Adult\ Medical,\ Mental\ Health,\ Psychiatry,\ Trends,\ Education,\ Issues\ in$

Transition, Children's Health Care

Practice Level: Beginner

D7 Family Support Program - "It Ain't Kids Stuff"

Deborah Dahlgren, LMSW, Support Coordinator, Children's Waiver Program; Pamela Herrmann, LBSW, Support Coordinator, Children & Family Program; Christine Mary, MA, LLP, Psychologist, Children & Family Program; & Valerie Stefanof, LBSW, MA, LLP, Supports Coordinator, Children & Family Program

The focus of the Children & Family Support Program at MORC is about helping families and their children feel as safe as possible and valued in a world that can be very demanding due to school and public mental health demands as well as the demands created by disabilities and other personal issues. Through the Person & Family Centered Planning process this team focuses on nurturing and supporting parents so that they, as the child's primary teacher, can create a sense of connectedness within the family as well as teaching specific skills. During this session the team will present specific tools, exercises and strategies that help to increase positive interactions and decrease demands by providing structure and routine, planning for transitions, and teaching social and adaptive skills for both the parents and the child(ren).

Primary Track: Mental Health

Secondary Tracks: Children's Healthcare

D8 Building a System to Support the ASD Waiver Benefit within Current Practices

Krista Kennedy, MS, LLP, BCBA & Jamesena Ingram, MEd, CAS, ICA

Discussion will be around the requirements/implementation of the autism waiver benefit. As well as, evidence based treatment (EBT), implementation of the EBT, and supervision required/training implications for providing these services.

Primary Track: Mental Health

Secondary Tracks: Education

Practice Level: Intermediate

11:30 Lunch

12:30 Concurrent Workshops

E1 Occult Manifestations of Child Abuse in a Vulnerable Population

Colette A. Gushurst

This workshop will review those findings that are associated with a high degree of concern for physical, sexual abuse, or psychological abuse particularly in vulnerable developmentally disabled population. Resources for referral and further evaluations will be reviewed.

Primary Track: Pediatric Medical

Practice Level: Intermediate

E2 Autism 101 for medical practitioners and other interested clinicians

Mary P. Sharp, MD

Dr. Sharp will provide review of new diagnosis definitions, review of bench research on etiology, demographics of youth population in Michigan, and the principles of vigilance, screening, and referral for early diagnosis and intervention. (EIBI)

Primary Track: Pediatric Medical

Secondary Tracks: Psychiatry, Trends

Practice Level: Intermediate

E3 Sisterhood of the Traveling Briefcases

Sue Brown, COTA/L, BS WED and Mother to a child with a Developmental Disability & Tracy Kroeger, PhD, Psychologist with a specialty in Neurodevelopmental Disabilities

Travel along with two women as they share their respective journeys through the world of developmental disabilities—one planned, the other unexpected—and learn how their parallel paths at times converge, leading to potential enrichment for each of them. The goal is to offer both parents and service providers insight into the similarities and differences in personal v. professional perspectives on parenting, and suggest strategies for managing common challenges encountered by parents of children with developmental disabilities.

Primary Track: Mental Health

Secondary Tracks: On the Front Line, Education, Issues in Transition

Practice Level: Intermediate

E4 Sensory strategies for individuals with Developmental disabilities, Part 2

Martha (Marty) J. Farrand OTR

Basic neurology will be provided that explains how three primary sensations (touch, proprioception, and vestibular) can be used to calm and organize the nervous system leading to improved behavior and increased skill development. Example "sensory diets" will be provided and discussed in the second part of this presentation in the afternoon.

Primary Track: Mental Health

Practice Level: Beginner

*Part 1 of this workshop will be presented at session D4.

E5 Mandela's Last Gift – Creating Access for the Deaf & Hard of Hearing Community

Sheryl Emery, MA Director Division on Deaf and Hard of Hearing

During the memorial service for Nelson Mandela, the world watched unaware as one of greatest deceptions involving the largest gathering of heads of state unfurled on an international stage. The event generated unparalleled international attention and awareness on Sign Language Interpreters and how easily it is for unqualified individuals to "fake it". Bringing awareness to the struggle for effective communication and the need for qualified interpreters has been labeled by some members of the Deaf Community as Mandela's Last Gift. The truth is that every day, in every corner of the world unqualified individuals label themselves Sign Language Interpreters. They can be found in schools, courts, employment and mental health situations. Now is the time for organization that do not regularly serve deaf persons to understand what their legal obligations are to this group and how to determine if an individual is actually qualified to interpret. Michigan and other states are establishing Sign Language standards. Appointing authorities face jail time and fines for utilizing unqualified individuals. This is your opportunity to get up to date information and achieve compliance activities in your organization.

Primary Track: Trends

Practice Level: Beginner

E6 TBA

E7 Michigan Child Collaborative Care (MC3): An Innovative Care Model to Increase Access to Mental Health Treatment for Children and Adolescents in Michigan Using Telephone Consultation and Telepsychiatry.

Danielle Sackrider, LMSW, Lindsay Bryan, LLMSW

This presentation will share the results of implementation and evaluation of a telephone and telepsychiatry consultation program designed to improve access to psychiatric consultation and improve mental health competenci3es in primary care physicians. The UM Depression Center in collaboration with primary care consultants and community mental health centers in Northern and Western Michigan, implemented the UM Child Collaborative Care Program (MC3). MC3 aims to improve access to crucial mental health services for children, encourage appropriate use of evidence-based pharmacotherapy and reduce overuse of psychotropic agents in children and increase primary care physician comfort and knowledge and abilities in treating mental health problems.

Primary Track: Pediatric Medical

Secondary Track: Mental Health

E8 Autism Safety Training – Essential For Every Community

Sgt. Scott Schuelke & Lisa Grost, MHSA

People with developmental disabilities, including autism, are seven times more likely to be in contact with emergency services in their lives. This encounter could be when someone is misinterpreting an individual's behavior, the person does not understand policies/procedures or when services are being provided by an agency and an unexpected situation occurs. This presentation will provide "hands on" information on how agencies servicing people with developmental disabilities can be proactive with safety interventions, most common on duty situations and the best way to safely and effectively manage it. The session will also include community outreach strategies to increase the safety and support of individuals with autism, as well as, proactive ideas on how to engage emergency responders, community service partners and families. This training has been provided to over 5,000 law enforcement in the state of Michigan.

Primary Track: On the Front Line

Secondary Track: Mental Health, Children's Healthcare

Practice Level: Beginner

2:00 Refreshment Break and Exhibits

2:30 Concurrent Workshops

F1 Respiratory care of the patient with neurodisability: an update in the assessment and management

Myrtha Gregoire-Bottex, MD & Polly Hollenbeck, RT, AeC

A review of the physiology, clinical approach to diagnosis and management of the pulmonary complications of the child with neurologic impairment, neuromuscular disorders and tracheotomy. Will also review newest approach in evaluation and management of the technology-dependent children.

Primary Track: Pediatric Medical

Secondary Track: Trends, Children's Healthcare

F2 Autism 202 for medical practitioners and other interested clinicians

Mary P. Sharp, MD

Dr. Sharp will provide review of co-occurring disorders and co-morbidities, and proposed treatment options as well as brief discussion of the adult service system.

Primary Track: Adult Medical

Secondary Tracks: Psychiatry, Trends

Practice Level: Intermediate

F3 Creating Links for A Fulfilling Life

Sue Brown

How to build community to enhance the quality of life for people with disabilities.

Primary Track: Education

Practice Level: Beginner

F4 Crucial Conversation Skills for Special Education Meetings

Cheryl Levine, Program Coordinator, Michigan Special Education Mediation Program

Conversations and planning sessions involving persons with disabilities can be confusing, emotional and pressure filled. Effective communication, even in stressful or emotional conversations, is essential to good outcomes. When advocating for yourself or others, identifying emotional triggers and sharing information and ideas so others listen can be challenging. This workshop will provide an overview of effective communication techniques and conflict management.

Primary Track: Education

Secondary Tracks: Trends, On the Front Line

F5 Using Facebook in Professional and Powerful ways Including Connecting with Your Legislators!

Christy Jane Courtney and Jen Gossett

By using Facebook we can connect and advance relationships, increase awareness, and build our individual brands. Letting our Legislators know where we stand on policies is important! Our state and federal Senators and Representatives are in office to represent us; how will they know which way to vote if we don't give them our opinions and share our stories? During this session, we will learn how to find out who our Legislators are, how find them on Facebook, and how to begin regular conversation with them. If you are new to speaking with your Legislators, don't worry! We will cover how to best word your Facebook messages to your Legislators, go over tips for successful online communication, and show examples of how real people are using Facebook to connect with their Legislators. We will also discuss the differences between profiles, groups, and pages and how to best use each.

Primary Track: Trends

Practice Level: Intermediate

F6 Effectively Integrating Data from the Supports Intensity Scale into an IPOS

Adam Fuhrman, MA, LLPC & Suzanne M. Gipperich BA, LBSW

The Supports Intensity Scale is a semi-structured interview that is being increasingly utilized in Michigan. The SIS looks at the support structure needed for an individual to be successful, just like any other similarly-aged peer, in a wide variety of life activities. In order to best serve these individuals, it is imperative that one knows how best to integrate the information from the SIS into the Individualized Plan of Service. This presentation will include a brief overview of the SIS before walking the participants through a sample SIS Report. The presenters will then use the report to help participants generate sample goal objectives that are meaningful, measurable and attainable – meeting Medicaid standards of medical necessity, amount, scope and duration while maintaining a core of person-centeredness.

Primary Track: Trends

Secondary Tracks: On the Front Line

Practice Level: Intermediate

F7 Pitfalls and Possibilities: Community Reintegration of the Individual with Developmental Disability and Forensic Status

Tracy L. Kroeger, PhD

This workshop will review the prevalence and nature of criminal behavior for those with developmental disabilities, but focus upon relevant transitional issues necessary to maximize an individual's successful community reintegration and to facilitate relapse prevention.

Primary Track: Issues in Transition

Secondary Track: Trends

Practice Level: Intermediate

4:00 Adjourn

Poster Presentations

P1 Move It To Lose It: Movement for a Healthier Lifestyle

Dawn Moore, Enclave Supervisor, Peckham, Inc.

The Move It To Lose It program was created to help employees with disabilities live a healthier lifestyle. The program aims to encourage behaviors for healthier food choices, exercise, mental health and overall education on living a healthy lifestyle. It is the hope of the MITLI program to reach out and improve the lives of more persons with developmental disabilities, their family and friends.

Primary Track: Education

Secondary Track: Mental Health

Practice Level: Beginner

P2 The Communication Behind the Behavior: Using iPad Apps To Meet Pediatric Patients' Psychosocial Needs

Molly Peabody

This qualitative research partners with the University of Michigan Mott Children's Hospital to explore how iPads and applications can address and support the biopsychosocial needs of pediatric patients. Prolonged hospitalization presents great challenges for ill children. Beyond the obvious bio logical, or medical needs, hospital personnel must consider the psycho logical (mental and emotional) and social (environmental) implications of being sick or injured. Medical procedures, pharmaceuticals, etc., treat the body, but what about the mind? This study investigates how specific iPad apps can help children manage pain and anxiety while improving their coping and goal setting skills.

Primary Track: Children's Healthcare

Secondary Track: Pediatric Medical, Mental Health, Trends, Education

Conference Info

Registration

The registration fee includes admission to the conference, program materials, breakfasts, refreshments, and lunches. Confirmation notices will be sent by email.

Group Registration

A group is three or more attendees whose registration will be on a single check or credit card. Please email cme@med.wmich.edu with any questions about registering your group. Unfortunately, group registrations cannot be paid online.

Cancellations

All cancellations must be received in writing by fax or email. If you cancel with at least 7 days notice, on or before April 15th, you will receive a full refund of your registration fee. If you cancel with 1-6 days notice, between April 16th and April 21st, you will receive a 50% refund. No refunds will be issued after the conference begins. Send cancellation notices to cme@med.wmich.edu or fax to (269) 337-6268.

Attire

Since meeting room temperatures and personal comfort levels vary considerably, it is recommended that you dress in layers and bring a sweater.

Location

The Kellogg Hotel and Conference Center is located on Harrison Road on the campus of Michigan State University. From I-496, take the Trowbridge exit. Turn left on Harrison Road at the first traffic light. After passing through three traffic lights, the Center will be located on the right. For more detail, <u>click here</u>.

Parking

Parking is available in the parking ramp immediately adjacent to the Kellogg Hotel and Conference Center. Parking passes for free one-day parking can be picked up at the conference registration table on each day of the conference.

Messages

Messages for conference attendees can be left with the operator at the Kellogg Hotel and Conference Center at (517) 432-4000.

ADA

To request disability accommodation, please email cme@med.wmich.edu or call (269) 337-4611. Two week's advance notice is appreciated.

For disability accommodation in lodging, please contact the hotel reservations desk.

Conference Info

Photo Release

A photographer will be present at the Developmental Disabilities Conference. Therefore, please note that any photographs taken at the Developmental Disabilities Conference may be used in future Developmental Disabilities Conference publications, on the Developmental Disabilities Conference website, or in other Developmental Disabilities Conference materials. Attendance or participation in the Developmental Disabilities Conference constitutes an agreement with the Developmental Disabilities Conference by the registrant for the Developmental Disabilities Conference to use and distribute the registrant's image in photographs or other electronic media of such events and activities.

Certificates

Record of Attendance Certificates will be available upon completion of an online evaluation form. Paper certificates will not be distributed at the conference.

Educational Accreditation

Physicians

Western Michigan University School of Medicine is accredited by the Michigan State Medical Society Committee on CME Accreditation to provide continuing medical education for physicians.

Western Michigan University School of Medicine designates this live activity for a maximum of 11 *AMA PRA Category 1 Credits*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

The MSMS Committee on CME Accreditation is recognized by the ACCME. The Michigan Board of Nursing accepts continuing education credits that are approved by the Accreditation Council for Continuing Medical Education (ACCME).

Conference Info

Lodging

<u>Kellogg Hotel and Conference Center</u>, \$97. Reservations may be made by phone at (800) 875-5090 or (517) 432-4000. Reservations also may be made online at http://www.kelloggcenter.com/. This rate is guaranteed through March 24, 2014. The Group Rate Code is ADD041414.

<u>Comfort Inn Lansing</u>, \$79. Reservations may be made by phone at (517) 627-8381. This rate is guaranteed through April 7, 2014. Mention the Developmental Disabilities Conference or WMU School of Medicine to receive the group rate.

Additional Information

For more information, please email cme@med.wmich.edu.

Registration Form

Online registration at the individual rate is available at: http://cmetracker.net/WMUMED/Login?
FormName=RegLoginLive&Eventid=23411. The group rate is only available by mail. You can register by mailing this form to the address below or by faxing it to 269-337-6268. All checks must be mailed to the address below. By registering, you agree to the terms of our photo release policy listed under Conference Info. By registering, you also agree to the cancellation policy listed under Conference Info. No refunds will be issued after the conference begins. Your confirmation letter and links to handouts will be sent by email; please print legibly.

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