AAIDD Interest Network Annual Plan & Yearly Report: 2018

Planning and reporting on Interest Network activities designed to fulfil their purpose. (See the *Interest Networks Leadership Manual* for the purpose of the Interest Networks).

Interest Network:

Health and Wellness Interest Network

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Annual Report

For the year that just ended (July 1-June 30), indicate objectives met, activities completed, and funds used.

All objectives were met.

\$600 was used to sponsor student scholarship to 2018 Annual conference

Annual Plan: Goals, Objectives, Activities, and Strategies

For the **coming year** (July 1-June 30), describe the planned objectives, activities, and proposed expenditure of funds.

1. Improve engagement of HWIG members

- a. Leaders will create a list-serv to facilitate email communication within group
- b. Leaders will organize and lead quarterly contact (i.e. calls) with group membership
- c. Leaders will push info blasts and updates from health-related committees of other IDD organizations (i.e. AUCD, AADMD) to HWIG list-serv
- d. Leaders will explore how padlet could be used to improve engagement
- e. Leaders will create a repository of short member bios and interests to facilitate networking, collaboration, and for early career professionals, mentorship

2. Increase HWIG visibility and membership

- a. Targeted recruitment of individuals who submitted posters in health and wellness
- b. Network members will attend first-time attendee session at AAIDD annual meeting
- c. Network will sponsor a student scholarship for 2018 AAIDD annual conference (\$600)
- d. Network will conduct outreach to previous student scholarship awardees
- e. Leaders will discuss with AAIDD leadership possibility of having SIG membership listed on conference attendee sheet.

3. Promote health and wellness topics at the 2018 AAIDD annual conference

- a. Network will hold a call for proposals about social determinants of health (SODH) and consider an award to be presented at the conference.
- b. Network will host a pre/post conference or lunch session focused on SODH/health disparities and will explore partnership with local MN providers and Multicultural IG to do so.
- c. Network will explore options for IDD health related excursion in St. Paul at 2018 conference in order to engage local providers.