

FAQs

AAIDD Delegation to Zambia and South Africa



Zambia



South Africa

What are the dates of the delegation?

The dates of the program are September 23–October 4, 2018. Delegates should plan to arrive in Livingstone, Zambia on Sunday, September 23. Delegates should plan on departing from Cape Town, South Africa to their home city on Friday, October 5.

What is included in the program fee?

The program fee of \$4,095 double/\$4,995 single occupancy includes all arrangements for professional visits, in-program travel (including the flight between Zambia and South Africa), transfers between airports and hotels (on September 23 and October 5), lodging, local guides, emergency health/evacuation insurance, and admission to cultural attractions on the itinerary, most meals, and tips.

What is not included in the program fee?

Air travel between Delegates' home city to Livingstone and from Cape Town, excess baggage fees on the flight between these two cities, Zambian visa fees, vaccinations/medications, and trip cancellation insurance are not included in the program fee. Two dinners and one lunch during the program and pocket money are at Delegates' discretion.

Is a Visa required for this trip?

Zambia requires a visa for most travelers; the fee for a "single entry visa" for US and Canadian citizens can be paid at the airport as you enter for \$50 USD. This fee must be paid in cash in US dollars. South Africa does not require a visa for tourism or business stays of up to three months for US or Canadian citizens.

How strenuous will the trip be?

Each day of the delegation has been structured to provide a full day of group activities. Delegates are informed that public accommodations, historic sites, and walking pathways outside the US are typically not optimally accessible to those who have mobility impairments.

The delegation will be based in two cities with travel each day to various destinations, which will necessitate entering/exiting airports, airplanes, motor coaches, river boats, and vehicles with very high ground clearances and walking on dirt paths, uneven ground, and over hills. **Based on planned destinations for this trip, delegates will be expected to climb into/out of river boats and vehicles with very high ground clearances, climb up to 3 flights of stairs, and walk up to 2 miles each day over uneven ground, on dirt paths, and over hills.**

Will I need vaccinations/medication for this trip?

For travel to Zambia, [the CDC recommends](#) that travelers be up to date on several vaccinations and to take anti-malarial medication. In addition, the government of Zambia requires proof of yellow fever vaccination if you are traveling from or through [a country with risk of yellow fever](#).

What kind of lodging can I expect?

The lodging in Livingstone will likely appear rustic to most Delegates from the US and Canada; Delegates can expect three star lodging in Cape Town.

When should I plan to arrive in Livingstone and how should I get to the hotel?

Delegates should plan to arrive in Livingstone on Sunday, September 23, 2018. Our Delegation will begin with an orientation dinner on the 23rd. Delegates will be met at the airport and transported to the hotel.

When should I plan to depart from Cape Town?

A full day of activities and a farewell dinner are scheduled for Thursday, October 4, 2018. Transfers will be provided to the airport in Cape Town on Friday, October 5th at no additional cost. Delegates who plan to depart Cape Town following this date should plan to make their own airport transfer arrangements at their own cost.

When should I apply?

The delegation is limited in size, and once all the slots have been filled, no further applications will be considered. Delegations for the past three years were fully subscribed soon after the program was announced.

Applications are reviewed as they are submitted and applicants may be contacted for additional information before a determination is made on their application. Individuals are strongly encouraged to apply as early as possible and to respond to any requests for additional information as quickly as possible.

Will there be opportunities to present my work?

Several symposia are being organized by our hosts over the course of the Delegation; based on their areas of expertise, Delegates may be invited to present at these events.

Can I share this invitation with others in our field?

Yes. The delegation is designed to be a **professional exchange** in the field of intellectual and developmental disabilities. Delegates are encouraged to let others in the field know about this delegation; however, all interested individuals must individually apply, be at least 18 years old, and commit to attend and participate in the entirety of the program.

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Can I bring a guest on this delegation?

No. Other than personal support staff necessary for a Delegate's participation, no guests or traveling companions will be included. Delegates are informed that the arrival of a Delegate's guest or traveling companion at any time during the delegation will result in their immediate dismissal from the program without a refund.

How will my health information be treated?

Delegates are asked to disclose health information (conditions, medications, etc.) that the tour leader will have access to for the purpose of assisting medical professionals in the event that you require emergency health care. This information is treated confidentially prior to and during the trip and will be destroyed after.

How should I pack for this trip?

For professional meetings, participants are encouraged to dress "business casual" and wear comfortable walking shoes. In addition, Delegates are strongly encouraged to dress appropriately for the climates.

The delegation will span two different climates. Over the period of the Delegation, the weather is typically quite hot (90s F) and humid in Livingstone and cooler in Cape Town (60s- 70s F). To assure maximum comfort, Delegates are encouraged to pack clothing that will provide sun protection and could be layered for warmth. Laundry services will be available during the delegation.

Delegates are encouraged to bring a voltage converter. While WIFI will be complimentary at the delegation's hotels (it may be spotty in Livingstone), Delegates are encouraged to check with their cell provider about international calling/data plans.

Delegates can expect to check **one bag** at no additional cost for the flight between Livingstone and Cape Town, and are encouraged to check the baggage policies for their own international flight to determine the cost of any additional bags.

Are scholarships or discounts available to participate?

No. AAIDD delegations are offered "at cost"; no discounts are available, nor does AAIDD offer scholarship for its delegations.

Will AAIDD provide supports for people with disabilities to participate?

AAIDD encourages people with disabilities to apply. AAIDD requires that all applicants disclose any condition or need that may require reasonable accommodations no later than the date the final program payment is due. Should a Delegate require personal support staff to fully

participate in the program, AAIDD requires Delegates to provide such supports (including salary, travel, program costs, etc.) at their own expense.

Failure to disclose any condition or need that would require reasonable accommodation by this date may result in the inability of AAIDD and its representatives and agents to provide accommodations, and further, Delegates are informed that should they fail to disclose such information, they may be dismissed from the program without a refund.

When are payments due?

A deposit is required at the time of application and the final payment is due to AAIDD by July 20, 2018. AAIDD accepts all major credit cards.

Is trip cancellation insurance available?

Trip cancellation insurance is not included in the program fee (either for the program or the flights you arrange), but may be purchased (at your discretion) from your airline or travel insurance companies, such as [Allianz](#). The program fee includes a group insurance policy that covers emergency health and medical evacuation costs (up to a cap) while on the trip.

Who should I contact for more information?

For more information on the AAIDD Delegation, contact Corinne Carpenter at 202-387-1968 x 201 or ccarpenter@aaidd.org.

